



2007 ONE-ON-ONE TRAINING INFORMATION

Below is a list of Premier Volleyball Coaches (in alphabetical order) that are available for one-on-one training during this summer for any athletes. Contact the coach for rates and to set up any training sessions. Thanks, Premier Volleyball

Dave Chalupa

Area of Focus: All Skills

Age Group: All ages

Availability: Evenings and Weekends

Group Sessions Available!

Dave's Bio:

Dave is in his 7th year of coaching for Premier Volleyball. He has head coached the 12 Gold (1 year), 14 Gold (2 years) and 16 Gold (3 years) teams. Before coming to Premier he head coached Team West 16, Team West 15, and Iguana Volleyball teams. Dave is in his 12th year of coaching USA Volleyball Junior girls. He is IMPACT Certified, as well as CAP I Certified. He is hoping to complete his CAP II Coaching Certification in December. Dave says the best part of coaching is "Being able to share (and hopefully pass along) my love for the game to the players and parents. Providing a positive environment where kids learn about the game and themselves." Outside of coaching, Dave also officiates. He is a Certified National Referee. In his spare time, he plays too! He is a past USAV Men's player, but is currently playing City Rec. Dave plays the setter, outside hitter, and right side hitter positions.

Contact Info: dchalupa@douglascounty-ne.gov

Doug Feagan

Area of Focus: All Skills

Age Group: All ages

Availability: Evenings and Weekends

Doug's Bio:

Doug is in his 2nd year of coaching with Premier Volleyball. He was the head coach of the Premier 18 Black team in the 2007 season. Doug has been coaching USAV teams since 1990, including Premier, The Courts, Spartans, Bellevue Jrs and Stealth. He also has been active in coaching various youth sports, ages six to 24, including volleyball, soccer, baseball, softball and basketball. He has conducted clinics for players, coaches and parents through The Courts, the Bellevue Recreation Department and Great Plains Regional Volleyball Association, along with clinics associated with his collegiate programs. In 1990 to 1996, Doug was the Head women's volleyball coach/instructor/assistant athletic director at Bellevue University. Before going to Bellevue, Doug has the Head women's volleyball and softball coach/instructor/advisor at Wayne State College in 1988 and 1989.

Contact Info: feagandoug@cox.net or 402-291-3534

Katie Gaspers

Area of Focus: Passing and Defense

Age Group: All ages

Availability: Evenings and Weekends

Katie's Bio:

Katie is in her 6th year coaching for Premier Volleyball and is IMPACT Certified. Katie also has coached Queen City Jrs, Hastings club in 2002. Currently, Katie is in her first year as an assistant for the Bellevue Bruin volleyball program. Katie brings experience playing as a defensive specialist during her four year collegiate career at College of Saint Mary. Katie was a co-captain for the Flames that were nationally rated all four years were she won AVCA Academic Awards and appeared in three NAIA National Tournament making it to the 'Elite-Eight' in 2003. Gaspers was part of two Region IV Championship teams winning four MCAC Conference Championships and was nominated by her teammates in 2004 as Lifter of the Year. Katie graduated from College of Saint Mary in 2005 with a degree in Mathematics. Katie says the best part of coaching is "Seeing the players improve each practice and game. Also seeing how much they learn and how much they want to play this sport" (*Bellevue University Website*)

Contact Info: katieg_07@hotmail.com or 402-469-3867

Shannon Gyhra

Area of Focus: Defense, Hitting, Blocking, Serve Receive, Talking, Reading the Court

Age Group: 13s, 14s, 15s

Availability: Mondays-Thursdays

Shannon's Bio:

Shannon is in her 6th year of coaching for Premier Volleyball. She has head coached Premier's 13 Gold and 14 Gold teams. Shannon is an IMPACT Certified coach. She is a Premier alumna and played for Premier for 4 years. Outside of Premier, Shannon has officiated the PAL league. She officiated for 2 years. Shannon says the best thing about coaching is "Watching the players improve from the beginning of the season to the end."

Contact Info: sgyhra@hotmail.com or 630-8669

Jill Klich

Area of Focus: Defense, Passing, Serving and Serve Receive

Age Group: All ages

Availability: Days and Evenings

Jill's Bio:

Jill is a Premier Alumna and is going into her 6th year as a Premier coach. She has coached 13's and co-coached 14's. Jill played with Premier for 2 years. She will be joining the Mercy HS Volleyball program in the Fall of 2007 as their JV Coach. She played all 4 years at Duchesne Academy 98-02 where she was a right side and outside hitter. Jill continued her career playing at Midland College in Fremont, where she was a defensive specialist/libero, and also has experience as an outside her Freshman year. Jill says the best thing about coaching is "Watching the athletes push themselves hard and succeed! Also, finding those players that have a true heart for the game and being able to watch them grow as athletes!"

Contact Info: Jill_Klich@ralstonschools.org or 212-4134

Nicole Learch

Area of Focus: Setting, Serving and Left Handed Players

Age Group: All ages

Availability: Evenings and Weekends

Nicole's Bio:

Coming Soon

Contact Info: nlearch@mail.unomaha.edu

Tadd and Ashley Martin

Area of Focus: Middle Blocking and Hitting

Age Group: 18U, 17U, 16U, 15U

Availability: Email for availability

Ashley's Bio:

Ashley is an IMPACT Certified coach and is in her 3rd year of coaching with Premier. Before arriving at Premier, Ashley coached for Omaha Momentum 12s and 16s in 2002 and 2004 and also coached with Nebraska Elite in 2003. She graduated from Creighton in 2004 where she played as a middle for four years. Ashley was awarded MVC All-Freshman Team in 2001 and 2nd Team Academics - MVC , 2nd Team MVC and AVCA 2nd Team All-Academics in 2003. Ashley graduated from Valley High School and played as a middle. She was named Fab 50 recruit and 1st Team All-Conference. Ashley still plays competitively for the Women's A League Omaha Sports Club. She says the best part of coaching is "Watching the team grow and advance throughout the season in skills, friendship and team chemistry".

Tadd's Bio:

Tadd is starting his 3rd year of coaching for Premier. In the 2006 Season, Tadd coached the Premier 15 Black team. Tadd is an IMPACT Certified Coach. Before arriving at Premier, he coached for Omaha Momentum in 2003-2005. There he coached 12s, 13s and 16s teams. "I absolutely love being able to teach and watch players grow their skills throughout the year(s). May be cheesy, but I really like when a former player approaches me at a tournament or out in public and tells me about their current and/or future volleyball endeavors." Tadd still plays competitively in Co-ed Rec.

Contact Info: awilliams@creighton.edu or 402-660-8751

Nate Mongan

Area of Focus: Setting, Hitting and Passing

Age Group: 18U, 17U, 16U, 15U, 14U

Availability: Evenings and Weekends

Nate's Bio:

Nate is in his 3rd year of coaching for Premier and is Impact Certified. In the 2007 season, Nate coached our Premier 17 Gold team. Nate also coaches for the Mead High School Volleyball Program. He helped coach the 2006/2007 team to a semi-final State Tournament appearance, and a 4th place overall state ranking. Nate's specialty is setting and hitting. Outside of coaching, Nate plays competitive men's and coed volleyball, and coed sand volleyball. Nate believes that in order for a team to accomplish their goal, they must play as a team. Everybody has different skills that they bring to a team; you just have to bring those skills together to form a winning team. Once you bring those skills together, success is sure to follow.

Contact Info: nate4vb@yahoo.com or 402-443-8256

Heidi Oetken

Area of Focus: Passing, Hitting and Serving

Age Group: 13U, 14U, 15U, 16U

Availability: Evenings and Weekends

Heidi's Bio:

Heidi is in her 5th year of coaching with Premier. Heidi has coached our 15&U teams for the past 4 years and is currently the head coach for the Millard West JV Team. She is an IMPACT Certified Coach. Heidi is originally from Storden, MN where she played volleyball at Storden-Jeffers HS. There she played setter/hitter positions. Her senior year she was named 1st Team All-Conference. Currently, she plays city-recreational Women's A volleyball as a setter/hitter. Heidi says the best part of coaching is "Watching your players come together and work as a team. Also watching them improve throughout the season and knowing that you played a role in helping them develop into a better player."

Contact Info: panels_18@hotmail.com or Cell# 917-5527 and Home# 496-3397

Andrea Sikora

Area of Focus: Passing (Serve Receive and Defense), Hitters (Attacking and Serving) and Setting

Age Group: All ages

Availability: Monday, Tuesday, Wednesday (after 5:30pm)

Andrea's Bio:

Coming Soon!

Contact Info: leighweaver18@hotmail.com

Rick Welch

Area of Focus: All Skills

Age Group: All ages

Availability: Monday, Wednesday and Friday Evenings

Rick's Bio:

Rick has been the club director for Premier Volleyball since 1997. He is CAP (Coaches Accreditation Program) Level 1 Certified. Rick has 6 additional years of coaching with other clubs, such as Omaha Volleyball Club, Bellevue University Club, and Bellevue Juniors Club. Rick has 9 years of experience as a player for Omaha Volleyball Club/ Pefferoni's Men's Team and Omaha Sports Club co-ed teams. The past few years Rick has coached the Premier 18 Gold teams. Outside of Premier, Rick is a National Official for USAV and PAVO since 1995. He officiates for Big Ten, Big XII, Missouri Valley, Conference USA (Division I), North Central, Northern Sun, Rocky Mountain (Division II), Great Plains Athletic and Midlands Collegiate Athletic (NAIA) Conferences. He has served 4 years on both USAV and PAVO National Rating Teams and 2 years on the Officials Training Program (OTP) Camp staff. Rick was the Great Plains Region President from 1988 through 1998 and Secretary from 1999 to 2000. He served on the Great Plains Official's Board Chair during 1996 and 1997 and PAVO Board Chair from 1993 through 1999. Rick was rewarded with the USAV 2002 Gold Whistle Award. Rick is presently employed as a registered Architect (26 years) for a local architectural and engineering company.

Contact Info: usapremier@cox.net or 402-981-0202

Jill Yechout

Area of Focus: Defense, Passing, Serving and Hitting

Age Group: 10U, 12U, 13U

Availability: Evenings and Weekends

Jill's Bio:

Jill is in her 2nd year of coaching with Premier and is IMPACT Certified; however she is not a new face to the club. Jill is a Premier Alumna where she played for our 18&U team for a few years. Jill played club volleyball for 7 years, playing several positions. During her high school career at Gross HS, she played as an outside hitter. Outside of playing, Jill assists coaching grade school volleyball teams and grade school level clinics over the past few years. Jill says the "The best part of coaching this year for me was seeing each girl develop individually as well as the team, and building relationships with the team."

Contact Info: lilmizzditz@hotmail.com or 402-680-1923