

Bellevue Bruins Volleyball Camps

Lil Bruins – Volleyball 101

This camp is geared toward teaching the basic fundamentals of each skill to beginning level players. We include fun drills, games, and a positive atmosphere where this might be the first time for any of these players learning the game. High energy and loads of fun!

*Lil Bruins – Volleyball 101—June 9th
(1st – 5th Grades)
Fee: \$50 Includes Tshirt
Check in 8:30am Check out: 12pm*

Individual Camp

This camp emphasizes training the fundamentals and development of all volleyball skills. Sessions are dedicated to individual skill instruction as well as team competition drills. The primary focus will be teaching proper technique.

*Individual Camp—June 10th
(6th – 9th Grades)
Fee: \$50 Includes Tshirt
Check in 8:30am Check out: 12pm*

MVP Camp

This camp is not for the beginner. This is for the diehard volleyball player that wants to prepare themselves for the upcoming high school season. High-level training and competitive drills for all positions! This camp will also include a college recruiting seminar.

*MVP Camp—June 16th
(10th – 12th Grades)
Fee: \$75 Includes Tshirt, lunch
Check in 8:30am Check out: 5pm*

Backrow Skills Camp

Designed to develop the skills to excel in the backrow. Liberos, defensive specialists, or all around players are welcome! Drills include high level training in small and large groups.

*Backrow Skills—June 23rd
(10th - 12th Grades)
Fee: \$50 Includes Tshirt
Check in: 8:30am Check out: 12pm*

Bellevue University Volleyball Camps
1000 Galvin Road
Bellevue, NE 68005



Bellevue University Volleyball Camps



*Lil Bruins – Volleyball 101—June 9th
Individual Camp—June 10th
MVP Camp—June 16th
Backrow Skills—June 23rd*

2009 CAMP APPLICATION

(PLEASE PRINT CLEARLY)

Name: _____

Grade (Fall of 2009): _____ Age: _____

Address: _____

City/ST/Zip: _____

Parents: _____

Home Phone: _____

Cell Phone: _____

*Email: _____

*Confirmation letter will be sent via email
(Parent email preferred)

High School Attending: _____

Club Team: _____

Height: _____ Position: _____

Please check the appropriate camp:

Checks can be made out to Bellevue University Volleyball.

Lil Bruins Volleyball 101—\$50

Individual Camp—\$50

MVP Camp—\$75

Backrow Skills Camp—\$50

PAYMENT INFORMATION

Please mail payment and camp application with parental consent form to:

Bellevue University Volleyball
Attn: Trish Siedlik
1000 Galvin Road
Bellevue, NE 68005
402.557.7056—office phone

PARENTAL CONSENT FORM

(PLEASE PRINT CLEARLY)

I, the undersigned, as the parent or legal guardian of a minor child, _____ hereby acknowledge that the aforementioned child is covered by medical insurance as follows:

It is further understood that the Bruin Volleyball Camp does not provide medical insurance for this camp. The undersigned hereby releases Bellevue University and its staff from any and all claims, demands, and causes of action whatsoever in any way growing out of or resulting from participation by the aforementioned child in the Bruin Volleyball Camp.

Signature of the parent/Guardian

Date

Please provide the following information about the enrolled camper:

Allergic Reactions

Present Medications

Past Injuries, Illnesses or other Information

IN CASE OF EMERGENCY:

Contact: _____

Contact Phone: _____

Insurance Company: _____

Policy Holder: _____

Policy Number: _____

GO BRUINS!

GENERAL CAMP INFO & STAFF

Facility

The Gordon Lozier Athletic Center, home of the Bellevue Bruins, is an air conditioned beautiful facility that has two spacious courts with plenty of room for training. It is located in the heart of the Bellevue Campus.

Camp Check-In

Check-in will be in the lobby of the Gordon Lozier Athletic Center.

Camp Gear

All campers should bring appropriate volleyball attire (shoes, shorts, socks, knee-pads, extra shirts, water bottle, etc.).

Insurance

All campers must carry their own insurance. While the staff will make every effort to prevent injury and accident, Bruin Volleyball and Bellevue University will not be responsible for injuries sustained during camp. The parent consent form must be completed for participation in a Bruin Volleyball camp.

Confirmation Letter with Camp Check-In Information

Each camper or parent will be sent a confirmation letter via email after the camper application and payment is received. This letter will contain all necessary camp check-in information, agenda, and a campus map. If you do not have access to email, please specify on application and a hard copy of the confirmation letter will be sent to your home.



Trish Siedlik has led Bellevue University in just three short years to be a national powerhouse. The Bruins won their first ever MCAC title in her first season taking over the reigns. In 2008 Bellevue finished in the top 12 at the NAIA National Tournament raising Siedlik's coaching record to 215-50.

Prior to Bellevue, Siedlik was head coach at College of Saint Mary in Omaha from 2002-2005. During her four years, the Flames compiled a 124-21 record, including a conference record of 60-3, winning four MCAC regular season and tournament titles, two Region IV titles, and three NAIA National Tournament appearances, making it all the way to the 'Elite-Eight' in 2004.

- *7 Consecutive MCAC Tournament Championships (two schools)*
- *5 NAIA National Tournament Appearances -including 1 Elite Eight Finish*
- *12 NAIA All-Americans*
- *13 NAIA Academic All Americans*
- *5 time MCAC Conference and Region IV Coach of the Year*
- *Has been ranked in the Top 25 all 7 years of coaching*