

2010 TOURNAMENT



2010 PREMIER PERFORMANCE 6TH, 7TH, & 8TH GRADE TOURNAMENT

Sunday, October 10th
8:00AM Start

Cost: \$150/Team

This tournament is designed for all 6th, 7th & 8th grade teams to gain competition experience through the one day tournament format. All teams will be guaranteed 4 matches, pool play will be followed by tournament play. Gold and Silver divisions will be used based on the number team entries. All school, recreational and competitive teams are welcome!

Team Name: _____

School: _____

Team Coach: _____

E-mail: _____

Address: _____

City: _____ State: _____

Phone: _____

Grade: 6th 7th 8th

Strength: Gold Silver

NEW THIS YEAR

QUEENS COURT COMPETITION CAMP

Thursday, July 29th - Friday, July 30th
9:00AM-12:00PM

Cost: \$65

All participants will compete in a variety of daily games and drills including 2 on 2 through 6 on 6. "A Queen of the Day" will be determined both days as well as "Queen of the Court" for the camp. Get geared up for the competition and be THE QUEEN of THE COURT!

I have a ton of fun at the Premier Performance Camps, I love being with my friends and I learn a lot!"

-Samantha, player age 12

"She comes home tired and in a great mood. She learns a lot and loves just being able to play volleyball during the summer."

-Susie, mother

LUNCH

For the campers attending an all day camp (9:00AM-4:00PM), a sandwich, chips, cookie and pickle spear for Lunch will be available for \$8.75. The Box Lunch will include a 6 inch sandwich, chips, cookie & pickle spear. Drinks will be available for purchase at the vending machines.

CONTACT

Amy McLeay - Director of Training • amcleay@yahoo.com
8930 South 137th Circle • Omaha, NE 68138 • 402-651-4010

Refund Policy: The registration fee will reserve your daughter's spot in the camps. If for any reason your daughter is unable to attend a camp, Premier Performance reserves the right to with hold up to fifty percent of the registration fee.

SUMMER CAMPS 2010



Taking you to the next level, not level.

THE COURTS VOLLEYBALL TRAINING FACILITY
8930 SOUTH 137TH CIRCLE • OMAHA, NE 68138



Taking you to the next level.

PREMIER PERFORMANCE PROVIDES:

- ONE-ON-ONE TRAINING
SMALL GROUP TRAINING (2-5)
TEAM/GROUP SESSIONS
SPECIALTY TRAINING BY POSITION
TEAM CONSULTING
TRYOUT READINESS CLINICS
SUMMER CAMPS

Our Mission

Premier Performance is completely dedicated to providing its athletes with technical, tactile, and physical training to reach their highest possible potential.

Philosophy: With the complete athlete in mind, Premier Performance is committed to a balanced approach of enhancing one's volleyball experience and ability through specialized training geared toward the athlete as an individual and as a team player.



2010 PREMIER PERFORMANCE CAMPS

LITTLE STARS I

K-4th Grade Tuesday, June 1st - Friday, June 4th 12:00PM-1:30PM
Cost: \$100

LITTLE STARS II

K-4th Grade Monday, June 7th - Thursday, June 10th 4:00PM-5:30PM
Cost: \$100

LITTLE STARS III

K-4th Grade Tuesday, July 20th - Friday, July 23rd 4:00PM-5:30PM
Cost: \$100
The Little Stars Camp will focus on the fundamentals of the game of volleyball for the youngest players.

INDIVIDUAL SKILLS CAMP I

5th-12th Grade Monday, June 7th - Tuesday, June 8th 9:00AM-4:00PM
Cost: \$125

INDIVIDUAL SKILLS CAMP II

5th-12th Grade Tuesday, July 20th - Wednesday, July 21st 9:00AM-4:00PM
Cost: \$125

The Individual Skills Camp will focus on the development of each athlete. All athletes will be challenged to improve their overall personal skill performance while taking their game to next level with an emphasis on serving, passing, setting, attacking and defense.

HITTERS & SETTERS CAMP I

5th-12th Grade Wednesday, June 9th - Thursday, June 10th 9:00AM-4:00PM
Cost: \$125

HITTERS & SETTERS CAMP II

5th-12th Grade Thursday, July 22nd - Friday, July 23rd 9:00AM-4:00PM
Cost: \$125

This two day camp is designed to bring the complete game together. Hitters and setters will train separately and together. Many multi-skilled drills will be introduced while maintaining the focus on individual development.

DEFENSIVE CAMP

5th-12th Grade Monday, July 26th - Tuesday, July 27th 9:00AM-12:00PM
Cost: \$75

The Defensive Camp is designed for the athlete wanting to improve their defensive skills from blocking to digging. Proper body positioning, footwork and timing will be emphasized while learning the importance of defense in the game of volleyball.

OFFENSIVE CAMP

5th-12th Grade Monday, July 26th - Tuesday, July 27th 1:00PM-4:00PM
Cost: \$75

The Offensive Camp is designed for players looking to improve their overall offensive game including attacking, serving & passing. Players will focus on footwork, timing, and contact for their attack.

REGISTRATION

Name: _____ Grade(Fall '10): _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Parent(s) Name(s): _____

Home Phone: _____

Athlete Cell Phone: _____

Parent(s) Cell Phone(s): _____

Family E-mail: _____

School: _____ Club: _____

Shirt Size(Please Circle One): Youth: M L Adult: S M L XL

Camp(s) Registering for:

1. _____ Date: _____ Lunch: Y N

2. _____ Date: _____ Lunch: Y N

3. _____ Date: _____ Lunch: Y N

4. _____ Date: _____ Lunch: Y N

5. _____ Date: _____ Lunch: Y N

6. _____ Date: _____ Lunch: Y N

Lunch: Please circle the sandwich you would like
Ham & Cheese • Roast Beef • Turkey • BLT • Veggie • Tuna

Please add \$8.75 to your registration. If your daughter will be at more than one camp, please note.

As parent/guardian for _____, I hereby give my permission for her to participate in the Premier Performance Volleyball Camp, and, on behalf of my daughter, do hereby assume all the risks of participation.

Signature of Parent or Guardian _____ Date _____

Please send all Registrations to:
PREMIER PERFORMANCE
1209 N. 161st Circle
Omaha, NE 68118