

# REGISTRATION

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PARENT(S) NAME: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_ AGE: \_\_\_\_\_ GRADE: \_\_\_\_\_

SCHOOL: \_\_\_\_\_

CLUB: \_\_\_\_\_

CAMP 1: \_\_\_\_\_ DATE: \_\_\_\_\_

CAMP 2: \_\_\_\_\_ DATE: \_\_\_\_\_

CAMP 3: \_\_\_\_\_ DATE: \_\_\_\_\_

CAMP 4: \_\_\_\_\_ DATE: \_\_\_\_\_

LUNCH: YES / NO (\$8.25/DAY)

JIMMY JOHN'S BOX LUNCH:

(CHOOSE SANDWICH)

HAM / TURKEY/ BLT/ TUNA/ ROAST BEEF

AS PARENT/GUARDIAN OF \_\_\_\_\_, I HEREBY GRANT PERMISSION FOR HER/HIS PARTICIPATION IN PREMIER PERFORMANCE VOLLEYBALL CAMP, AND, HEREBY ON HER/HIS BEHALF, ASSUME ALL RISKS OF PARTICIPATION. I RELEASE ANY AND ALL CLAIMS OF LIABILITY OF ALL STAFF AND PERSONNEL ASSOCIATED WITH PREMIER PERFORMANCE, PREMIER VOLLEYBALL AND THE COURTS.

\_\_\_\_\_  
PARENT OR GUARDIAN

\_\_\_\_\_  
DATE

**PLEASE SEND REGISTRATION TO  
PREMIER VOLLEYBALL  
1209 NORTH 161<sup>ST</sup> CIRCLE  
OMAHA, NE 68118**

ALL CAMPS WILL BE HELD AT  
*The Courts Volleyball  
Training Facility*  
8930 SOUTH 137<sup>TH</sup> CIRCLE  
OMAHA, NE 68138

*All camp staff are current  
Premier Volleyball Coaches  
certified through the  
Great Plains Region and  
USA Volleyball.*

## Contact:

**Amy McLeay, Director of Training**

**amcleay@yahoo.com**

**402-651-4010**

## REFUND POLICY

THE REGISTRATION FEE WILL RESERVE YOUR DAUGHTER'S SPOT FOR CAMP. IF FOR ANY REASON YOUR DAUGHTER IS UNABLE TO ATTEND CAMP, PREMIER PERFORMANCE RESERVES THE RIGHT TO WITHHOLD UP TO FIFTY PERCENT OF THE REGISTRATION FEE.



**Summer Camps 2011**  
**The Courts Volleyball Training Facility**



## 2011 PREMIER PERFORMANCE SUMMER CAMPS

### PREMIER PERFORMANCE OFFERS:

ONE ON ONE TRAINING  
SMALL GROUP TRAINING (2-5)  
TEAM TRAINING  
POSITION TRAINING  
TRYOUT READINESS CLINICS  
SUMMER CAMPS

### *Our Mission*

PREMIER PERFORMANCE IS COMMITTED TO TAKING EACH ATHLETE TO THE NEXT LEVEL, THROUGH TECHNICAL, TACTILE AND PHYSICAL TRAINING. WE WILL STRIVE TO HELP EACH PLAYER REGARDLESS OF AGE OR ABILITY ACHIEVE THEIR MAXIMUM POTENTIAL.

### *Philosophy*

WITH THE COMPLETE ATHLETE IN MIND, PREMIER PERFORMANCE IS COMMITTED TO A BALANCED APPROACH OF ENHANCING ONE'S VOLLEYBALL EXPERIENCE AND ABILITY THROUGH SPECIALIZED TRAINING GEARED TOWARD THE ATHLETE AS AN INDIVIDUAL AND AS A TEAM PLAYER.

### Little Stars 4:00pm-5:30pm

Little Stars I June 13<sup>th</sup>-16<sup>th</sup>  
Little Stars II July 19<sup>th</sup>-22<sup>nd</sup>

Cost: \$100  
Age: K-4<sup>th</sup> Grade

LITTLE STARS WILL FOCUS ON THE FUNDAMENTALS OF VOLLEYBALL THROUGH INDIVIDUAL AND GROUP DRILLS AND GAMES. LITTLE STARS WILL BE INTRODUCED TO PASSING, SERVING, SETTING AND ATTACKING. ALL PARTICIPANTS WILL RECEIVE A CAMP T-SHIRT.

### Individual Skills 9:00am-4:00pm

June 13<sup>th</sup> & 14<sup>th</sup>

Cost: \$125  
Age: 5<sup>th</sup>-12<sup>th</sup> Grade

INDIVIDUAL SKILLS CAMP WILL FOCUS ON THE OVERALL IMPROVEMENT OF EACH PLAYER. THE FOCUS WILL BE ON INDIVIDUAL SERVING, PASSING, SETTING, ATTACKING, AND DEFENSE. EACH PLAYER WILL BE CHALLENGED TO TAKE THEIR GAME TO THE NEXT LEVEL. ALL PARTICIPANTS WILL RECEIVE A CAMP T-SHIRT.

\*\*LUNCH IS AVAILABLE FOR \$8.25/DAY, INCLUDES SANDWICH, CHIPS AND A COOKIE.\*\*

### Hitters & Setters 9:00am-4:00pm

Hitter & Setters I June 15<sup>th</sup> & 16<sup>th</sup>  
Hitter & Setters II July 19<sup>th</sup> & 20<sup>th</sup>

Cost: \$125  
Ages: 5<sup>th</sup>-12<sup>th</sup> Grade

HITTERS & SETTERS CAMP WILL FOCUS ON THE DISCIPLINES OF HITTING AND SETTING INDIVIDUALLY AS WELL AS TOGETHER. PARTICIPANTS ARE WELCOME TO TRAIN IN EACH POSITION, OR CHOOSE ONE. HITTERS WILL FOCUS ON THEIR ARMSWING, APPROACH, AND TIMING, WHILE SETTERS WILL WORK ON THEIR HAND SHAPE, FOOTWORK AND DELIVERY OF EACH SET. THE USE OF MULTI-SKILLED DRILLS WILL BE PERFORMED TO SIMULATE GAME EXPERIENCE, WHILE KEEPING THE FOCUS ON INDIVIDUAL DEVELOPMENT. ALL PARTICIPANTS WILL RECEIVE A CAMP T-SHIRT.

\*\*LUNCH IS AVAILABLE FOR \$8.25/DAY, INCLUDES SANDWICH, CHIPS AND A COOKIE.\*\*

### Defensive Camp 9:00am-12:00pm

July 21<sup>st</sup> & 22<sup>nd</sup>

Cost: \$75  
Age: 5<sup>th</sup>-12<sup>th</sup> Grade

DEFENSIVE CAMP IS DESIGNED FOR THE PLAYER LOOKING TO IMPROVE THEIR DEFENSIVE GAME FROM DIGGING TO BLOCKING! THE FOCUS WILL BE ON FOOTWORK AND PLATFORM AS WELL AS IMPORTANCE OF DEFENSIVE PURSUIT. ALL PARTICIPANTS WILL RECEIVE A T-SHIRT.

\*\*LUNCH IS AVAILABLE FOR THE CAMPERS STAYING FOR THE OFFENSIVE CAMP. LUNCH IS \$8.25/DAY, INCLUDES SANDWICH, CHIPS AND A COOKIE.\*\*

### Offensive 1:00-4:00pm

July 21<sup>st</sup> & 22<sup>nd</sup>

Cost: \$75  
Age: 5<sup>th</sup>-12<sup>th</sup> Grade

OFFENSIVE CAMP IS DESIGNED TO CHALLENGE ALL HITTERS THROUGH SERVING, ATTACKING AND BLOCKING. THE FOCUS WILL BE ON PRODUCING A DIVERSE OFFENSIVE SYSTEM THROUGH A VARIETY OF HITTING OPTIONS. ALL PARTICIPANTS WILL BE ENCOURAGED TO ATTACK FROM ALL POSITIONS TO IMPROVE THEIR OVERALL PERFORMANCE.

\*\*LUNCH IS AVAILABLE FOR THE CAMPERS PARTICIPATING IN THE WHOLE DAY OF CAMPS. LUNCH IS \$8.25/DAY, INCLUDES SANDWICH, CHIPS AND A COOKIE.\*\*

### Queen's Court 9:00am-12:00pm

July 28<sup>th</sup> & 29<sup>th</sup>

Cost: \$65  
Age: 5<sup>th</sup>-12<sup>th</sup> Grade

QUEEN'S COURT IS DESIGNED TO HAVE ALL PARTICIPANTS SHOW THEIR COMPETITIVE EDGE. ALL DRILLS AND GAMES WILL ALLOW PLAYERS TO EARN POINT TOWARDS "THE QUEEN OF THE DAY" AND "THE QUEEN OF THE COURT". ALL SKILLS WILL BE INCLUDED THROUGH A VARIETY OF DRILLS AND COMPETITION.